

FEARLESS &
CAPABLE

SUMMER SERIES

YOUTH SPORT

virtual

MENTORSHIP

Calling all athletes 13-18 years old

Virtual Group Mentoring Sessions

Individual access to internet & computer necessary

Register at www.fearlessandcapable.com

\$80 per athlete per session | 20 athlete limit per session

Summer Youth Sport Mentoring Session I

Fridays June 3rd, 10th, 17th and 24th

9:30am-10:30am

TOPIC OF FOCUS

Building Confidence as a Person and a Player |

Identifying core values and visualizing our successes

Summer Youth Sport Mentoring Session II

Fridays July 1st, 8th, 15th, and 22nd

9:30am-10:30am

TOPIC OF FOCUS

Owning Strengths |

How and where do you highlight your strengths in your environments?